



Vivekanand Education Society

(Reg.No. F-1029 BOM.)

Date: 28/09/2019

It is a matter of joy, privilege and pride for us at Vivekanand Education Society (VES), to present our third Sharing Information on Progress (SIP) report, from Mumbai, India. As one of the few institutes in India who are signatories to the PRME, we are deeply conscious of our responsibility towards shaping sustainability-linked thinking in our students. At the same time, with over 24 institutes and academies, and over 22,000 students, in our family of educational institutes, we are also keenly aware of the enormous significance of each and every sustainability-linked action of ours, and its impact on society.

VES has always been known for its emphasis on values-based education. Over the last 57 odd-years, our future-oriented thinking has enabled us to harness various ways of imparting effective learning to our students of our schools and colleges. Most important, since the last three years, after becoming a signatory of PRME, VES has taken conscious efforts to weave its various socially-oriented activities into a cohesive framework, by asking: Which are the SDGs that we would like to focus on? Thus for example, if our College of Pharmacy has focused on SDG 3 for good health, our College of Law has worked towards SDG 16 for a peaceful, just and inclusive society. Hence, the following report will present a small snapshot of the broad spectrum of myriad activities, which cover almost all the SDGs, and impact our students, stakeholders and staff in ways direct and indirect.

For breakthrough outcomes, multidisciplinary research is necessary with optimum blend of science and technology. I sincerely feel that our pharmacy, science, and engineering institutes can come together and work complementary to each other to bring reforms in the healthcare and information technology sector. VES looks forward to some innovative outcomes, protected with patents, and made available to the industry for commercialization. Students from the higher education institutions in science and technology are thus motivated and trained to give solutions to the problems related to the welfare of community so that there is improvement in the quality of life.

“What can one person alone do?” may be a common question that arises in the mind of anyone wishing to work towards a healthier, greener, and happier planet. Just like a pebble thrown into

a pond has an ever-widening set of ripples, each positive and consciously taken action has a beneficial "ripple effect" in society. Some of these benefits are immediate and tangible, such as the afforestation drives that lead to more greenery in a tree-starved city like Mumbai. Others, like our students volunteering in orphanages and old-age shelters, have a subtler but nonetheless strong impact, with a transformation of thought in the minds of the younger generation. We seek to encourage both kinds of activities and processes.

As we continue to work towards holistic education, we once again commit ourselves towards thoughts words and deeds that help shape the world into an equitable, clean, smart, healthy and inclusive planet!

Sincerely,

A handwritten signature in blue ink, appearing to read 'Shri Baldev Boolani', with a horizontal line underneath.

Shri Baldev Boolani

President – Vivekanand Education Society

Vivekanand Education Society
(VES)
Mumbai, India

Sharing Information on Progress Report

For the year 2018-19

Principles of Responsible Management Education
(PRME)

“There is enough for every man’s need but not every man’s greed.”

2nd October, 2019 marks the 150th anniversary of the man called “The Father of the Nation”, Mohandas Karamchand Gandhi. His insightful words are an apt reminder to us all, for the imperative need to embed sustainability-driven thinking into all our processes and practices.

Drawing inspiration from the above way of thought, the third SIP report of Vivekanand Education Society (VES), for the year 2018-19, reflects a wide spectrum of Sustainable development Goal (SDG) choices, for its constituent colleges, as well as its other schools and colleges. The objective is to work towards a cleaner, healthier, happier planet, through the various SDGs.

So, for example, if the students of engineering have chosen to work on various projects that leverage technology for the economically underprivileged (SDG 9 for Industry , Innovation and Infrastructure), the students of pharmacy have opted to take health-awareness processes to the wider society (SDG 3, for Good Health and Wellbeing), and students of law have worked on free legal camps for dissemination of information about essential legal rights, to the common man (SDG 16 for building peaceful, just and equitable society).

The overarching intentions of all numerous and diverse processes, done with equal fervor and zeal as curricular activities, were twofold: Creating awareness among the students and allied stakeholders, and sensitizing other stakeholders of society.

Hence it is a matter of pride and privilege to present this SIP report to PRME.

At the same time, VES is only too conscious of its ever-growing responsibility for continued and consistent commitment to the cause of sustainability. Given that we have a family of over 22,000 students, spread across 24 institutes, we ly look forward with hope and optimism towards future opportunities for even more impactful endeavors and initiatives.

INDEX

Serial Number	Name of Institute	Page Number (from-to)
Constituent Colleges		
1	VES Institute Of Technology (VESIT)	6-9
2	VES College of Arts Science and Commerce (VESASC)	10-18
3	VES College of Pharmacy (VESCOP)	19-22
4	VES Institute Of Management Studies & Research (VESIMSR)	23-25
5	VES College Of Law (VESCOL)	26-28
6	VES College of Architecture (VESCOA)	29-30
Other institutes of VES		
7	VES Polytechnic (VESP)	31-33
8	VES Tulsi Technical Institute (VES TTI)	34-35
9	Swami Vivekanand Kanishta Vidyalaya and Mahavidyalaya (Hindi Medium) (SVKVM)	36-39
10	Vivekanand English High School (VEHS)	40-43
11	Swami Vivekanand High School and Junior College (SVHS & JC)	44-45
12	Swami Vivekanand Primary School (SVPS)	46
13	Devkibai Bhojraj Chanrai School (DBC)	47 – 48
14	VES Leadership Academy and Research Centre (VESLARC)	49 -54
15	Concluding thoughts	55

VES Institute of Technology (VESIT)

The sustainability-linked activities of VESIT focused on two broad areas – leveraging technological expertise for helping the economically underprivileged and sensitizing students towards broader social responsibilities.

In the first focus area, where technology is used for sustainability, students were encouraged to select academic projects that carried a positive social impact. Some of these include:

- An underground drainage monitoring system, that helps determine the percentage of oxygen and other gases inside a drain
- A smart parking system with automation for display of available parking
- E-governance of water consumption for record-keeping, tracking and analysis
- The design for a prosthetic limb for easy and effortless movement

The following table depicts some of the various sustainability-driven projects, in the domain of social sensitization, undertaken at VESIT.

S. No.	Date	Topic	SDG linkage	No. of people Participated
1	22/02/2019	Blood Donation Camp	3- Good Health and well Being	162
2	19/03/2019	Blood Donation Camp	3- Good Health and well Being	314
3	06/03/2019	Social Awareness Drive for elections	16 – Peace, justice and strong institutions	2000
4	21/08/2018	Kerala Donation Drive	16 – Peace, justice and strong institutions	101
5	03/09/2019	Traffic Monitoring For Janmashtami	11-Sustainable cities and communities	50
6	05/09/2018	UMEED' 18	1-No Poverty	2000
7	20/09/2018	Traffic Monitoring At R.K	11-Sustainable	30

		Studio For Anant Chaturdasi	cities and communities	
8	03/10/2018	Dustbin Awareness Drive	13-Climate Action	2000
9	16/10/2018	Mock Fire Drill	11-Sustainable cities and communities	3000

1. **Blood Donation Camp-** SORT VESIT in association with Hashu Advani Memorial Trust collaborated with the doctors of JJ Hospital and Raktapedhi to organize a blood donation camp in VESIT. Additionally, an eye checkup camp and BMI checkup camp were also conducted. The event was a huge success with an overwhelming 210 students and staff registering for blood donation out of which 162 were eligible for donation, after the hemoglobin and blood pressure tests that were conducted.
2. **Marrow Donation Registration Camp-** SORT VESIT in collaboration with marrow donor registry India, (MDRI) an NGO under the Tata Trusts are organizing a stem cell donor registration drive. Only a 4 ml blood sample was collected from each person, to enter their DNA in the national registry. The donor would be called in future if their DNA is found as the perfect match. A staggering 314 students and staff members came forward to successfully register with the MDRI.
3. **Social Awareness Drive for elections** - According to statistics submitted by the Election Commission of India, 66.38% of all the eligible voters casted their votes in the 2014 Indian General Election. SORT VESIT tried to make a small difference by spreading awareness about how integral each and every vote is, by performing a street play at locations around Chembur including K Star mall compound, Chembur Camp, Collectors colony and Diamond Garden, Chembur. The enactment made use of a pleasant blend of factual data and bilingual dramatization to convey an important responsibility that every individual of our country needs to fulfill.
4. **Kerala Donation Drive-** SoRT VESIT in collaboration with VF foundation, Wadala, contributed to the movement 'Rise for Kerala, Stand for Kerala.' It was a three - Day donation drives to lend a helping hand, to thousands of people who lost their homes, possessions, etc. in the blink of an eye, due to floods. Basic necessities like food, clothes and medicines, were donated in enormous quantities. Some individuals also contributed money, which was used by SORT for buying more medicines - a much-needed donation.
5. **Traffic Monitoring For Janmashtami-** SoRT VESIT in collaboration with Chembur Traffic police and Chembur Welfare Brigade conducted traffic monitoring at

Chembur Naka on the occasion of Dahi-Handi. Volunteers were required for two time slots. More than 50 students from VESIT registered and were present to monitor traffic as well as manage the crowd at the busy junction. Water bottles were arranged to keep people hydrated.

5. **UMEED'18-** UMEED '18 was held from 5th to 11th September wherein SoRT VESIT collaborated with various Non Government Organizations (NGOs), and sold products made by their stakeholders, in the college. Some of the NGOs were: NASEOH, Self Esteem, We Change, Aseema, Bal Anand, Kshamata, RUR, and Snehalaya.
6. **Traffic Monitoring At R.K Studio For Anant Chaturdasi-** SoRT VESIT in collaboration with Chembur Welfare Brigade conducted traffic monitoring at R.K Studio on the occasion of Anant Chaturdashi, the last day of Ganesh Chaturthi.
7. **Dustbin Awareness Drive-** On the occasion of Gandhi Jayanthi and the Swachh Bharat Mission Day, the SoRT council organized a dustbin awareness drive in our college. To supplement the green movement, another criterion was that the dustbins were to be made out of waste materials. Several teams, consisting of four members each, participated, and made some innovative and eco-friendly dustbins.
8. **Mock Fire Drill-** SoRT VESIT collaborated with Freedom4u foundation and organized a safety drill in the college. Before the drill, the class representatives and the SoRT and Sports council members were called to the auditorium and given instructions. They were divided into teams which were responsible for their particular tasks, such as search and rescue team, transportation team, fire extinguisher team, first aid team, etc. After the session was dismissed, the instructors raised a mock alarm, minutes after which the entire college was evacuated in a organized manner. The fire extinguisher team was instructed to get all the fire-extinguishers from the college, and the use of these to extinguish fires was demonstrated. Instructions were also given on how to deal with casualties.





VES Arts Science & Commerce College (VESASC College)

VESASC College, with its substantial strength in terms of number of students and staff, worked on sustainability using a multi-pronged approach of workshops and talks, camps and focused projects, mini-marathon runs and awareness-building measures. Almost all the Sustainable Development Goals (SDG) were sought to be covered through these activities. The aim was to make the impact of the endeavors as wide-spread and therefore far-reaching, as possible.

The sustainability-linked activities of the various committees and groups of the college are detailed as follows:

A) Activities of “Go Green Committee” in the Academic year 2018-19:

Sr No	Date	Activity	Objective	No of Students attended	SDG addressed
1	14/07/18	Workshop on making of paper and cloth bags	To make students aware of the grave danger of plastic pollution and to find an appropriate solution to this menace	42 students and 6 Teaching Staff	11
2	6/10/18	Talk by Advocate Afroz Shah, winner of Champion of the Earth Award, on “Cleaning of Beaches”, in Co-ordination with BMM Department	To spread awareness about cleaning and conservation of the coastal beaches and Mangroves.	150	06
3	02/12/2018	National pollution prevention day was observed by organizing poster competition on “Man-made Disasters”	To spread awareness about human errors responsible for disasters and the need for environmental awareness.	15	13
4	15/12/2018	Talk by Dr. Devidas Gulwade on “Impact of lifestyle on environment & possible ways to minimize negative impact”	To sensitize the students to the need for energy conservation. Different aspects like conventional energy resources, rising energy demand and its contribution towards global warming were discussed. The problem of plastic waste and	54	7,12,14

			its disastrous impact were highlighted. Details about solar project implemented in the campus and its effectiveness in minimizing CO ₂ emission were discussed.		
5	15/12/2018	A talk on "Maintenance of bike and effect of different parameters for optimal performance & fuel economy" was delivered by Mr. Ankeet Gokalgandhi.	To spread awareness about maintenance of vehicles and effect of parameters such as tyre pressure, right engine oil, filters for optimal performance and fuel economy was discussed.	54	7,12,14
6	24/01/2019	Guest lecture by Mr Suprio Das on Waste Management	To sensitize students about the importance of Waste Segregation and Processing so that waste can be turned into wealth	56	11
7	January 2019	Participated in Green Campus Award Competition conducted by Synergy Consultants, Pvt. Ltd- Energy Conservation and Sustainability Consultants, Mumbai	VES College of Arts, Science and Commerce received third rank in the Green Camus Award Competition. The report was based on various Green Initiatives implemented and efforts undertaken towards its continuity and sustainability during the period June 2017 to November 2018.	It was an institute-wide activity	13, 15
8	For the year 2018-19	Mr. Aankeet Gokalgandhi started the initiative of collection of Tetra pack and used batteries. Till 25 th March, 2019 a total of 200 Tetra pack cartons and 400 used batteries were submitted to Sahakari Bhandar for the purpose of recycling.	Recycling of e-waste and tetra pack	10	12
9	23/02/2019	Talk by Ms Rashmi Joshi on "Reaching the Aim of Swachha Bharat"	Highlighted the importance and need for solid waste management with focus on the	56	11

			deteriorating status of dumping grounds around Mumbai		
10	22/03/2019	World water day was observed by screening of videos along with discussion on 'Save Water'. This video was circulated in different classes and also displayed on digital signage	To sensitize students about need to minimize wastage of water and make optimum use of water in all our day to day activities.	70	06

B) National Service Scheme (NSS) Activities:

- **Tree Plantation Program**

Two tree-plantation Programmes have been conducted during 2018-19: On account of World Environment Day on 12th June, 2018 and on Van Mahotsava on 1st July, 2018. These were done with the association with SPN Doshi Women's College.

- **Yoga Day Program**

A 7 days' yoga training camp was conducted by the University of Mumbai in collaboration with Kaivalyadham Institute and HSNCB Board. The inauguration of the program was held in R.D. National College, Bandra West. 300 volunteers practised yoga for another 5 days along, and also attended practical and theory sessions of 2 hours every day. Further, "Yoga week" was celebrated in the College. A talk-cum-demonstration lecture was arranged on 21st June 2018, by Shri Durgadas Sawant, Vice Chairman of Yoga Vidya Niketan, Vashi, Navi Mumbai, on "Yoga for Health and Harmony. On the occasion of platinum Jubilee of MSNC Board of Yoga, a Demonstration Program was organised by the NSS Unit of the University of Mumbai.

- **Blood Donation Camp**

Two Blood Donation camps were organized in the College:

- On 21st July, 2018 – in association with L.T.M.G. Hospital, Raheja Blood Bank, Rotary Club of Chembur and Think Foundation, along with a Thalassemia Check-up Camp. The Motive of this camp was "Your Blood will save someone's life". 282 students went through their thalassemia check-up and 120 students donated blood.
- On 22nd Feb, 2019 - in association with Borivali Blood Bank and Raheja Blood bank. The total number of donors was 154. 40 volunteers actively participated in this event.

- **Swachhata Drive (Cleanliness Drive) outside Mumbai:**

On 29th July, 2018, 16 volunteers visited Maldunge village (Swaccha Bharat Summer Internship Camp). A rally was organised with the Swaccha Bharat slogan. Children from the villages joined volunteers and cleaned the village area. "Hand Wash session activity" was also performed with the help of games like 'Soap Race' and 'Dog in the Bone'. About 160 villagers were benefited.

- **Cleanliness Drives in Mumbai:**

- College Premises Cleaning was carried out on 8th September and 22nd September, 2018. The NSS Volunteers cleaned the entire college premises. A total of 55 volunteers were involved in this activity.
- On 30th September, 2018, eight volunteers visited the Kalina Campus for Swachata Hi Seva activity at University level. Volunteers cleaned the area allotted to them. A similar activity was organised on the 150th Birthday of Mahatma Gandhi (2nd October) in which 5 volunteers participated. The Vice Chancellor of Mumbai University gave a talk about the thoughts of Mahatma Gandhi and idea of Swachhata.
- On the occasion of "Gandhi Jayanti" on 2nd Oct, 2018 the NSS Unit took the initiative to clean the Kurla Railway station premises. The event started with a "Cleanliness awareness" rally, followed by the cleaning of the railway station and painting of the walls of the station.

- **Activities related to the banning of Plastic bags:**

- 53 volunteers on 28th August, 2018 took an initiative of making paper bags and about 150 bags were made and distributed these in slums.
- On 22nd January 2019, 29 volunteers also made 58 Cotton Bags and distributed to the villagers of Maldunge.
- 55 volunteers were part of the awareness rally which was conducted on 4th September, 2018. A Street play was performed by the volunteers and an initiative taken to promote cotton bags by distributing them to general public.
- On 28th September, 2018, 30 volunteers distributed cotton bags and paper bags in Konkan Nagar, Chembur, in homes and retail shops. Volunteers also explained the benefits of using the paper and cotton bags, and the negative consequences of using plastic bags.
- Volunteers collected about 17.5 Kg of Bisleri Bottles during April 2018 for which the student-leaders of this drive were felicitated by the Bisleri Company. VES College of Arts Science and Commerce won the 5th Rank for "Active co-operation in plastic collection and recycle awareness" drive conducted by Bisleri International Pvt Ltd.

- **Red Ribbon Cell – a part of Mumbai District AIDS Control Society – Activities:**

- On 28th August, 2018, a training program on the prevention of HIV/AIDs was organised by Mumbai District Aids Control Society (MDACS) at Wadala (West). 11 volunteers from the college received the training.
- From 15th Nov, 2018 to 28th Nov, 2018, volunteers performed Flash Mob activities in different places, such as CSMT station, Dadar Station and Kurla Station for creating awareness about AIDS. A Flash mob dance was performed at Acharya College in collaboration with 5 other Colleges. Students also performed

a Flash Mob activity at Kasaidwada, Kurla East, organised with help from the Homi Bhabha Hospital, Kurla.

- **Creation of a “Roti (Indian flat bread) Bank”:**
A “Roti Bank”, to end hunger, by distributing food resources from the haves to the have-nots or economically underprivileged, was launched as an initiative of the college. A total of 1,650 rotis were collected and distributed by volunteers to the needy.
- **Pulse Polio Vaccination:**
On 5th August, 2018, the 54 volunteers of the NSS unit of the college participated in a vaccination drive in M-Ward Chembur. Children of the age group 0-5 years were given polio-prevention drops.
- **Malaria Awareness Rally:**
On 11th August, 2018, a rally was organised on “Malaria Prevention Awareness”, for the underprivileged communities living in slums in Mumbai. 76 student volunteers participated in the activity.
- **Donation to Kerala Flood Victims:**
In the month of August, 2018 due to heavy rainfall and floods, the state of Kerala was severely affected. On 22nd August, 2018, with the help of 50 volunteers, and in association with the Rotaract Club of Thane, over 500 water bottles and over 800 packets of biscuits were sent as food-resource donations. These were successfully shipped to the relief camp through the air-drop service.
- **Police / Fire-brigade officer and civilian bonding by Celebration of “Raksha Bandhan (a festival to celebrate the brother-sister bonding)”:**
To reinforce the positivity of interaction of civilian society and the police force and fire brigade officers, on 26th August, 2018 on the occasion of Raksha Bandhan, 15 volunteers visited police stations and fire brigade stations, and tied “rakhi” to 120 officers. Volunteers visited the Sindhi Society Police beat, Chembur Naka Police station, Chembur Naka Fire Station, Chunnabhatti Police station, and Kurla police station.
- **Ganapati Brigade:**
On 14th September, 2018, 20 NSS volunteers helped with the “Ganapati Visarjan” (immersion of the worshipped idols of Ganpati, a beloved elephant-headed God in the Indian pantheon of Gods) at Teen Talav, Chembur. Volunteers helped the police personnel in controlling traffic and crowd management.
- **Voter Awareness Survey:**
The NSS unit of the College organised a “Voters’ Survey” in Ashok Nagar, Chembur Area, on 25th September, 2018. It was conducted to know the number of unregistered voters and also to inform them about the need for registration and about the registration campaign held in the college.

- **Voters Registration Awareness Program:**

On 9th October, 2018, a “Voter Registration Awareness program” was organised by the NSS Unit, in which 4 external experts (Deputy Collectors and Officers) from the voter registration department offered guidance to the unregistered voters about the procedure and formalities to be done to get registered for the voting card. They also spoke about the duties of the election commission. A short presentation was given on Electronic Voting Machine. A skit performance was also done on the “Right to vote”. On 18th Jan, 2019, training was organised on the Voter verifiable paper audit trail (VVPAT) machine training.

- **“NSS Day” Celebration by honouring Indian soldiers:**

On 24th September 2018, “NSS Day” was celebrated, with a small tribute made for Indian soldiers, by screening a short video, “Life of a Soldier”. Volunteers wrote a small message to our soldiers and a skit performance was organised. Students took a pledge to help society. A total of 148 volunteers participated in the programme.

NSS week was also celebrated by performing the following activities:

Date	Activity	Description
25 th Sept 2018	Road Safety Program	A Power Point Presentation was made on Road Safety
27th Sept 2018	Advocating Non-violence	A Power Point Presentation was made on the need for non-violence
28th Sept 2018	Short Film on “Dignity of Women”	NSS volunteers and Women’s Development Cell collaborated to produce and screen a short film, “Dignity of women”, with gender sensitization as the objective.
29th Sept 2018	Organ Donation	A video on organ donation was shown, the importance of organ donation was explained and the legal rules related to organ donation were highlighted

- **Session and workshop on Disaster Management:**

On 13th October, a session on Disaster management was organised in association with the Municipal corporation of greater Mumbai. Guidance on survival and helping others during disasters, was shared by the Municipality experts. 130 students participated in the programme. On 1st March 2019, a disaster management workshop was organised in collaboration with S M Shetty college.

- **Field visits for sensitization and inclusiveness-awareness:**

- On the occasion of the 150th birth anniversary of Mahatma Gandhi, in October 2018, 16 Volunteers visited Mani Bhavan and saw the life history of the great Mahatma Gandhi. Further, an NSS volunteer was selected as a team member of

the student contingent that visited Sabarmati Ashram, Akshardham temple and Gujarat University.

- On 6th November, 2018, 20 Volunteers visited the adopted village Maldunge, Panvel for celebrating Diwali. They distributed stationery items to the school children and earthen “diyas” or lamps, along with sweets to the villagers.
- On 3rd February 2019, the NSS unit visited Maldunge village to create awareness about the upcoming national elections.

- **Rallies for building civic awareness on various social issues:**

- Volunteers participated in the “Run for Unity” event, organised by Mumbai University on 31st October, 2018, dedicated to Sardar Vallabhbhai Patel.
- On 16th November 2018, volunteers attended the Anti - Ragging Rally organised by the University of Mumbai, to raise awareness about the legal consequences of ragging.
- On 23rd December 2018, “Hosh Rally” was organised by the University of Mumbai, in which 21 volunteers from VES Arts Science Commerce College participated. The theme of the rally was “Walk for an organic Future”. Volunteers made aware about the benefits of Organic Future and how pollution can be reduced.
- A cycle rally was organized 3rd March, 2019, with the theme, “AIDS Awareness among Citizens”. Over 60 students participated.
- Volunteers participated in the “Vivekanand Peace Marathon” on 3rd February 2019, to celebrate the 125th anniversary of the speech made by Swami Vivekananda in Chicago at the first Parliament of World Religions.

- **Medical Camp and check-up:**

On 7th November 2018, 11 NSS Volunteers helped out at the medical camp organised by the Satya Sai Organisation in Shahpur. Free medical check-ups and treatments were provided to the local residents, chiefly villagers. Volunteers also performed a skit on cleanliness.

- **Awareness building on the girl-child, and on cleanliness, during the NSS Residential Camp:**

A seven-day residential camp, attended by over 65 volunteers and committee members, was organized at Ambarnath East, from 27th December 2018 to 2nd January 2019. The volunteers performed service or “seva”, organised debates on socially relevant themes, organised guest lectures and also included field trips to relevant places.

- **Participation in socially-relevant themed Inter-Collegiate Competitions such as debates and skits:**

NSS volunteers participated in several inter-collegiate events, centred on themes such as gender sensitization, empowerment of women, electoral awareness, and so on.

C) Bachelors of Mass Media (BMM) department – Celebration of Social Awareness Week (SAW) 2018-19

Students of the BMM course, who participated in the Social Awareness Week, organised and participated in myriad events, including rallies, distribution of food packets, and clean-up activities, covering a wide range of SDGs. The following table lists the activities, along with the SDG sought to be addressed.

Sustainable Development Goal	Description of Sustainable Development Goals	SAW Activities
1	End Poverty	Distribution of food items by the Rotaract club of VES College member at Golf Club, K-star Mall
2	End Hunger	Distribution of food items at NGO's RCF Youth Council, Shanti Bhavan home for Aged, Swami Shanti Prakash home for Aged, Sevadaan Special School, Access life foundation, Little Hearts Special School
3	Healthy lives, Well-being	Cancer awareness visit to Pushpanjali Shelter Home. Visit to Abhinav Gyan Mandir (Leprosy Village) and Niramay Niketan, (AIDS Hospital) Trombay
4	Inclusive, equitable quality education	Rally from VES College to Ambedkar Garden (Chembur Station), PR Activity for the betterment of the society
5	Gender Equality	Interaction with Transgender Community in Third Eye Café, Navi Mumbai
6	Sustainable water management	Rally from VES College to Ambedkar Garden(Chembur Station), Versova Jetty Beach Clean Up organized by Afroz Shah
7	Sustainable Energy	Rally from VES College to Ambedkar Garden (Chembur Station) by showcasing street-plays and posters.
10	Reduce Inequalities	Rally from VES College to Ambedkar Garden (Chembur Station) Leprosy Village Visit (Trombay) Distribution of snacks as a token of appreciation to the police officials at Chembur & Ulhasnagar Visit to an animal shelter The Bai Sakarbai Dinshaw Petit Hospital for animals and IDA Animal Shelter in Govandi, Chembur
11	Safe and sustainable cities	Traffic Safety event at Suman Nagar Traffic Signal
14	Action for seas, oceans, marine resources	Kandivali Mithi River Clean-up with Mr. Afroz Shah
17	Strengthen global partnerships for SDG.	Collaborating with other stakeholders for awareness on "Traffic Safety", and for the Kandivali Mithi River Cleanup Organized by Afroz Shah



Tree plantation at Maldunge, Panvel



Distribution of bags



Rally on "Say no to Plastic"



Advocate Afroz Shah giving sharing his initiatives about Versova beach cleaning



VES College of Pharmacy (VESCOP)

As an Institute of Higher Education in the field of Pharmacy, VES College of Pharmacy has chosen to align the socially-relevant activities primarily with Sustainable Development Goal (SDG) number 3, which is related to good health and well-being. Thus, activities for raising awareness about disease prevention form a key component of sustainability initiatives. SDG 4, related to quality education, is also addressed through some of the activities. The key stakeholders for whose benefit the activities have been organised are: Students, staff members, vulnerable segments of the population (in terms of ill-health) and the wider society.

The following table lists the various activities, along with the SDG linkage and number of people sought to be addressed:

S. No.	Date	Topic	SDG linkage	No. of people reached
1	06/10/2018,14/10/2018, 20/10/2018,16/11/2018, 07/12/2018,18/11/2018, 16/12/2018	Blood Donation Drive	SDG – 3 Good Health & well being	500+
2	22/12/2018, 04/01/2019, 11/01/2019	Community outreach on generic medicines	SDG – 3 Good Health & well being	200+
3	03/01/2019	Hand Washing Campaign -To spread the awareness of washing hands.	SDG – 3 Good Health & well being SDG – 4 Quality Education	150+
4	12/10/2018	Mental health awareness – not all wounds are visible	SDG – 3 Good Health & well being SDG – 4 Quality Education	40+
5	09/01/2019	Menstrual Hygiene Camp	SDG – 3 Good Health & well being SDG – 4 Quality Education	50+
6	09/10/2018	Sexual Health Awareness – Hate the disease, not the diseased	SDG – 3 Good Health & well being SDG – 4 Quality Education	100+
7	17/12/2018	Rural Area Campaign on	SDG – 3 Good Health & well	100+

		Health & Nutrition	being SDG – 4 Quality Education	
--	--	--------------------	---------------------------------------	--

The following is a brief description of the sustainability-themed activities:

1. **Blood Donation Drive:** Blood is the most precious gift that one can give to another - the gift of life. A decision to donate blood can save several lives, as blood is separated into its components — red cells, platelets and plasma — which can be used individually for patients with specific medical needs. The growing demand for blood in hospitals is satisfied by blood donation drives.
2. **Community outreach on generic medicines:** Generic medicines are those which contain the same active ingredient (the ingredient which acts to cure the condition the medicine is used to treat) in the same quantity as a brand-name medicine. Generic medicines therefore have the same effect on the body in terms of curing disease as the brand-name medicines which they copy. There is a need to improve the status of generic medicines in India as the level of awareness about the same is low. Therefore, for the community outreach programme, Public Health office (PHO) of Vivekanand College of Pharmacy organized a skit explaining the importance of generic medicines in today’s society and focused on bringing awareness about the misconception that overshadows the same.
3. **Hand - Washing Campaign:** Washing one’s hands well and often is the best way of keeping children from getting sick. Several diseases can be spread if hands aren’t washed properly, including gastrointestinal diseases such as Salmonella, and respiratory infections such as influenza. Infectious diseases continue to be a health challenge and economic burden within our communities. Though effective hand hygiene education is critical, there has been a steady decline in hygiene promotion, especially in homes and schools. Hence, awareness of hand-hygiene at homes and schools within our communities plays an essential role in helping to reduce the spread of infectious diseases. The PHO committee of Vivekanand College of Pharmacy volunteered in spreading awareness about the importance of washing hands.
4. **Mental Health Awareness Campaign:** Mental illness may be described as a physical illness of the brain that causes disturbances in thinking, behavior, energy or emotion, making it difficult to cope with the ordinary demands of life. Research is starting to uncover the complicated causes of these diseases which can include genetics, brain chemistry, brain structure, experiencing trauma and/or having another medical

condition, like heart disease. The PHO committee of Vivekanand College of Pharmacy organized an interactive seminar for mental health awareness. The discussion was supplemented by various activities like tattoo- making and “Let it out”, to help participants become comfortable with various healthy ways of self-expression.

5. **Menstrual Hygiene Camp:** Menstrual hygiene makes an important contribution to individual and population health. It is important for every girl and woman to know the importance of being clean and infection-free. Access to accurate and pragmatic information for females and males about menstruation and hygiene is important. The PHO committee of Vivekanand College of Pharmacy in collaboration with Rotaract club of college, contributed to this cause by volunteering in the menstrual health-awareness camp in Thane. Volunteers engaged in a one-to-one interaction with the local women. Each volunteer was assigned one topic on this theme, to speak to the women, with the aim of enhancing awareness.

6. **Sexual Health Awareness:** Awareness of what constitutes sexual health and promotion of good health practices, plays an important role in society. Sexually transmitted infections (STIs) are often asymptomatic and if left untreated may cause pelvic inflammatory disease or infertility, and may be transmitted to others. This highlights the need for early detection and treatment. The observed rising trends in STIs can be attributed to continued unsafe sexual behavior and a lack of public awareness about these diseases. The PHO committee of Vivekanand College of Pharmacy in collaboration with AASTHA foundation, contributed by volunteering in the sexual health awareness camp in the slums of Govandi, Maharashtra Nagar, Mumbai. In this camp, student and staff volunteers had one-to-one interactions with the local women and encouraged them to take up the HIV tests as well as the tests which ensured the safety of their health. Primary level diagnostic blood tests were administered.

7. **Rural Area Campaign on Health & Nutrition:** Nutrition for children is based on the same principles as nutrition for adults - everyone needs vitamins, minerals, carbohydrates, protein and fat. Children, however, need different amounts of specific nutrients at different ages. By giving a child a healthy balanced diet, we ensure that they are getting all the essential vitamins, minerals and other nutrients that is essential for healthy growth and development. PHO of Vivekanand college of Pharmacy organised an awareness camp in Jilha Parishad School, Badlapur, which is in a rural area. During this campaign the importance of having a balanced diet was emphasized. The volunteers talked to the local students about various healthy and locally-grown alternatives, as substitutes for calorie-filled and unhealthy junk food.



VES Institute of Management Studies and Research (VESIMSR)

Sustainability-linked initiatives of VESIMSR are undertaken through the CSR cell, which was established with the objective of making the MBA students socially-responsible and sensitized towards social issues. The cell, with self-nominated student members, conducts various activities through the academic year, addressing a wide spectrum of Sustainable Development Goals (SDGs), with the aim of reducing hunger and poverty, nurturing good health, and improving the environmental impact of processes.

The following table lists the activities and projects organized during academic year 2018-19, along with the linkage to the SDGs:

Sr. No	Date	Description of the Activity	SDG
1	19/07/2018	Tree Plantation Drive – A tree-plantation drive was organized on 19 th July 2018. More than 25 saplings of Indian Plants such as almond, mango, teak, jackfruit, and black plum were planted on the VES playground. Students and staff participated in the event, in which everyone pledged to take care of the saplings.	SDG-13,15
2	12/9/2018-13/10/2018	Box of Happiness (Donation Drive) – A “Donation camp” was organized in the campus and collected materials were donated to two Non Government Organisations (NGOs) named Goonj and Vatsalya.	SDG-1
3	On-going activity	Adopting of five villages: VESIM has adopted five villages in Panvel district and following actions have been taken: Cluster of villages has been selected, initial discussions and meetings with key persons including “Sarpanch” (Headman) and Upasarpanch, have been conducted, areas of work have been identified as: female hygiene and health care, personal hygiene, medical services and water purification. Visits to the village for generating awareness and for social mobilization of resources through collaboration with other stakeholders, were done. Surveys have been conducted for the water purification project.	SDG-3, SDG-6, SDG-8, SDG-17
4	1/12/2018-1/3/2019	Flag Selling and fund collection activity was organised for India Association for the Blind (IAB) and the collected money was donated to the IAB.	SDG-3

5	10/12/2018 - 30/12/2018	Yuva for Seva- Students worked for close to three weeks with more than 20 NGOs across India, on various projects such as: child welfare, women's welfare, animal welfare, environmental issues, development of travel and tourism in rural areas. 78 students worked on "Aspiration Mapping of Woman" through Self-help Groups (SHG) in Dharavi, Chandivali and Kurla in Mumbai. The objective of the study was to map the aspirations and needs of the women, and to assess the household budget of the women SHG's staying in the slums of Mumbai.	SDG-8 SDG-1, SDG-4, SDG-3 , SDG-15, SDG-6
6	28/1/2019- 10/02/2019	Students worked with various NGOs on project such as: 'Anti-Plastic' campaign, educating the students, market study for 'Cashew Project' in Palghar, beach cleaning, etc.	SDG-8 , SDG-3, SDG-4 SDG-14
7	13/03/2019	Health Day: This included: Blood Donation Camp, Organ Donation Camp, Bone Marrow Registry Camp, as well as a special session on health. The event received an enthusiastic response, with 49 donors of blood, 72 stem cell donors, and 90 participants in the health-based workshop.	SDG-3



VES College of Law (VESCOL)

The Sustainability-linked initiatives of VESCOL are primarily centered on SDG 10 (reduced inequalities) and SDG 16 (Peace, justice and strong institutions). The aim is to nurture a peaceful, safe, inclusive society, where there is strong awareness of civic and social rights and duties. At the same time, several other SDGs too have been addressed through the socially-relevant activities. The following table lists the activities and the SDG linkages:

S. No.	Date	Topic	SDG linkage
1	29 th September, 2018	Intra-collegiate parliamentary debate	Goal 4: Quality Education Goal 16 Peace, Justice and Strong Institutions
2	13 th October, 2018	Advocacy skills competition	Goal 4: Quality Education Goal 16 Peace, Justice and Strong Institutions
3	11 th -13 th January, 2019	2 nd Shri Hashu-ji Advani Memorial National level Moot Court Competition	Goal 5: Gender Equality Goal 10: Reduced Inequality Goal 11: Sustainable Cities and Communities Goal 16: Peace, Justice and Strong Institutions
4	9 th March, 2019	Free Legal Counseling Camp	Goal 1: No Poverty Goal 4: Quality Education Goal 5: Gender Equality Goal 10: Reduced Inequalities Goal 16: Peace, Justice and Strong Institutions Goal 17: Partnership for the Goals
5	23 rd March, 2019	Vivekanand Youth Conclave	Goal 1: No Poverty Goal 3: Good health and well being Goal 4: Quality Education Goal 5: Gender Equality Goal 6: Clean Water and Sanitation Goal 13: Climate Action Goal 14: Life Below Water Goal 15: Life on Land Goal 16: Peace, Justice and Strong Institutions

The following is a detailed description of the sustainability-linked activities:

A. Debate competition aimed at sensitizing towards social-issues: The Debate Society of VES College of Law organized an Inter Collegiate Debate Competition on 29th September, 2018. 48 participants from all the classes participated in the said competition. The competition was aimed at sensitizing students on various socio-legal-political issues like Refugees Crisis, State Sovereignty, Rule of Law etc., which are closely associated with issues of sustainable development and the SDGs.

B. Advocacy Skills Competition on themes of national and international importance: In order to test the legal knowledge of the students, along with their ability to present the same in a given period of time, the College organized an Advocacy Skills Competition. Students were given topics related to the areas of law, society, politics and issues of national and international importance.

C. National Moot Court Competition: A National Moot Court Competition was organized, honouring the legacy of the founding father of Vivekanand Education Society, Shri Hashu-ji Advani. 30 teams of students from various well-known colleges of law, from 12 different states of India, participated in this event. Various legal luminaries graced the occasion, to judge the competition and also share their insights with the students of law.

Students coming from various states were briefed about the Sustainable Development Goals and the need to achieve them. Sitting High Court Judge of the Bombay High Court Hon. Justice Revati Mohite Dere and Sitting High Court Judge Of the Bombay High Court Shri. Makarand Karnik lauded the efforts of VES and for its participation in PRME program. Justice Dere also appreciated the increased participation of girl students and highlighted the importance of increased participation of women at all levels, including in the Judiciary.

D. Free Legal Counselling camp for local residents: A free legal counselling camp was organised on 9th March 2019, as a part of the social responsibility of the college towards society at large. The principal objective of the camp was to identify those who were in dire need of legal aid and also to target those who did not have the economic prowess to avail of such legal aid and counselling. The camp was aimed at providing help and guidance to the underprivileged masses as well as the needy by resolving their respective legal problems and grievances under the esteemed guidance of some of the best legal luminaries and practitioners having expertise and experience in various fields of law. More than 150 litigants made use of the presence of eminent lawyers and were counseled for their various legal issues.

E. Youth Conclave for raising awareness on environmental issues: Vivekanand Youth Conclave was an endeavour undertaken to mark the Decennial celebrations of the college, with the aim of nurturing educational enlightenment and inclusive thinking. VYC 2019 was based on the theme of “Environmental Protection” and the various environmental

catastrophes that endanger the future of our beloved mother earth .The Conclave aimed towards an overall enhancement of policies and quality of education by empowering the voice of today's youth to share their views on the catastrophes that plague the future of the planet. Over 90 participants from over 20 colleges participated in the event.



VES College of Architecture (VESCOA)

Sustainability as a way of thought and living is strongly embedded in the curriculum of the students of VES College of Architecture (VESCOA). Further, students are sensitized towards various aspects of sustainability, through their engagement in diverse activities, such as workshops, training sessions, field visits and hands-on projects. Thus, while SDG 11 (Sustainable Cities and Communities) is a primary focus area, other SDGs such as SDG 3, 5, 7 and 13 are also considered key aspects of integration of sustainability-driven thinking.

The following table contains a snapshot of the various relevant activities on this theme, along with the SDG linkage:

S. No.	Sustainable Development Goal	Activity	Date	Details
1	SDG 3 Good Health & Well-Being	VESLARC Jigyasa Sessions	Ongoing regular activity	As an initiative towards physical, mental and emotional well-being of the students, special talks called “Jigyasa” were organized on a monthly basis during the academic year 2018-19. Some of the topics covered were time management, nutrition, procrastination and being your own coach. Personal counselling sessions was also provided for the students.
2	SDG 5 Gender Equality	Women’s Day Seminar	8 th March 2019	The Women’s Day seminar aimed at celebrating women who have contributed towards bringing about a positive change in society through efforts. Three women speakers from various distinct walks of life were invited to share their insights with the students. The speakers narrated their life stories and how they overcame their struggles and took action to create a positive change in society. This was followed by an interactive question-and-answer session with the students.
3	SDG 7 Affordable and Clean Energy	Students’ Training for LEED GA Examination	June to September 2019	The College Projects course in the second year (B.Arch.) has been planned as an introductory course to Green Buildings. The aim of this course is to introduce students to concepts of green building design and construction and prepare them

				for the LEED GA (Green Associate) examination.
4	SDG 11 Sustainable Cities and Communities	a. Bamboo Workshop in Konbac, Kudal	11 th and 12 th December 2018	The first year students participated in a “Bamboo workshop” which was aimed at exposing students to the use of Bamboo as a sustainable building material. The workshop included lectures on the material properties, a visit to the bamboo factory to understand the processes and treatment of bamboo and a hands-on session to work with the material. The students designed and made a bamboo framework for a canopy.
		b.Hands On, Play On Workshop	28 th November to 1 st December 2018	The workshop was conducted at the Sunil Keswani Creche and Daycare Centre in Chembur and was aimed at transforming the space into a colourful and joyous space for its users. Under the guidance of Dr. Martina Spies of Anukruti Foundation, the students painted the entire space with vibrant graphics and created playful bamboo installations to revive the children’s play area.



VES Polytechnic (VESP)

At VES Polytechnic, where students study for three years after their tenth grade, and acquire a diploma in technical domains, sustainability-driven activities are two-pronged – those related to general wellness (for example, SDG 3) and those that are derived from the students’ technological orientation (SDG 9).

The following table lists the various activities of the institute, with the linkage with the respective SDGs.

Sr.no	Date	Activity / Event	SDG linkage	No of people reached
01	21/06/2018	Yoga day – workshop and participative event	3	50
02	28/07/2018	Motivational talk	3	180
03	25/08/2018	Stress management workshop	3	100
04	4/08/2018	Swamaan – gender sensitization workshop	3, 5	150
05	12/01/2019	Blood donation camp	3	300
06	12/01/2019	Eye check up camp	3	300
07	28/02/2019	Talk conducted by the Art of Living foundation (Drug-free India)	3, 17	100
08	12/03/2019	Workshop for healthy habits – “Life & leadership – the iron versus the magnet”	3, 16	100
09	3/08/2019	Industrial safety and training	9, 17	70

The following is a brief description of the above activities:

Yoga day:

Taking forward the inspiration of the message given by the Honourable Prime Minister of India, Shri Narendra Modi-ji, a demonstration-cum-practice workshop on various yogasana, was organized and conducted. Both students and staff attended the event. The importance

of a healthy body and a healthy mind, was emphasized. Holistic healing practices were discussed.

Motivational talk:

A motivational talk was organized for the third-year students of the institute, to keep up their spirit while helping them take care of a hectic schedule of study. An external speaker, a young, international swimming champion, addressed the students about persistence, determination, positivity in the face of challenges and how to cultivate a “never give up” spirit.

Workshop to help students deal with Stress management:

It is often observed that students face high levels of stress due to academic pressure, peer pressure, the pressure brought by the social media and so on. To help them deal with this rising stress perception, a few guest speakers were invited to conduct a workshop on this theme. Using humour and creativity, the speakers addressed the issue, highlighting the role of mental-emotional health in overall wellbeing.

Gender-sensitization workshop under Project Swamaan:

A gender-sensitization workshop was conducted for the girl-students of the institute, under the Project Swamaan initiative of VES, in collaboration with VESLARC, a sister-institute. The students were taken through concepts dealing with identity, gender-based stereotypes and how to overcome the same, the need for strong self-esteem, body-shaming related peer pressure and ways to deal with it, and the importance of financial self-reliance. The interactive session was marked by several question-answer segments and included introspective exercises.

Blood donation camp:

On the occasion of birth anniversary of Swami Vivekananda, a blood donation camp was organised. It was strongly supported by the students and staff. Awareness about the need to give back to society through this very helpful method, was created.

Eye check-up camp:

The birth anniversary of Swami Vivekananda was also celebrated by conducting a free eye check-up camp, for all students and faculty members. Given the increasing usage of mobile-phones and computers, the importance of caring for the vision was highlighted.

Lecture by the Art of Living Foundation on “Drug-free india”:

The adolescent students of the institute may be seemingly vulnerable to falling prey to habits that are not healthy but addictive in nature. Their age also makes a “preaching”

approach less optimal. Hence, a lecture by the Art of Living Foundation, on “Drug-free India”, was organized for the third-year students, to help them understand the need for making healthy choices, how the body and mind react to external addictive substances, how healthy choices are smart choices, and so on.

Workshop for healthy habits – “Life & leadership – the iron versus the magnet”:

Adolescence is often an age marked by rebellion, exploration, and peer-group acceptance driven choices. To help students distinguish between optimal choices and unhealthy choices, an interactive workshop was organized, in collaboration with VESLARC, on “Life & leadership – the iron versus the magnet”. Using an analogy of a magnet, aspects of the personality were discussed. The tendency of a magnet to attract iron was compared to a human’s innate tendency to get drawn towards certain activities or thought patterns. Ways to develop healthy patterns were discussed. Ways of motivating the self by seeing one’s bigger role in society, were defined.

Briefings on Industrial safety.

Since students of VESP are expected to be job-ready, safety and industrial training briefings, along with internships, form an important aspect of their learning. These allow them to correlate theory with industrial practice, and to understand various do’s and don’ts at the corporate level. Accordingly, talks and briefings were organized for the students, with the help for external experts.



VES Tulsi Technical Institute (VESTTI)

Social responsibility is an ethical framework and suggests that an entity, be it an organization or individual, has an obligation to act for the benefit of society at large. For VES Tulsi Technical Institute, the key component of sustainability is the spreading of awareness of good health practices (linked to SDG 3) and quality education (SDG 4). The following is a brief description of the various relevant activities:

1. All students of standard twelve availed of the facility of BMI (Body-Mass index) calculation and general medical check- up, by medical practitioners at Sai Clinic.
2. An eye camp for students and teachers was conducted to commemorate the birth anniversary of late Shri J.T Wadhawani-ji on 10th March. Spectacles were supplied at a concessional rate to the students.
3. Seminars were conducted on Narcotics and on awareness about breast and cervical cancer for girls, in collaboration with the Lioness Club, and doctor-surgeons of reputed hospitals of Mumbai.
4. A “Blood grouping and Complete Blood Count” camp was organized so that students could learn about the state of their own wellness, and take corrective action, if required. This was conducted by the Shri. Hashu Advani Memorial Foundation, in collaboration with Honest Health Care, Chembur, Mumbai. Approximately 300 students were benefited.
5. A workshop for “Self Defence” training was conducted in collaboration with the Inner Wheel Club, for over 70 girl-students of the afternoon-shift.
6. Focusing on SDG 4, quality education, an exhibition, TECHNOVOC 2018 was organised, with all students of 13 courses participating, to create, display and explain various working exhibits and live models for products, processes and concepts, in the domains of technical, commerce, para-medical and hospitality management.
7. With a focus on SDG 4, industrial visits were organised throughout the academic year, to help students gain practical insights into their respective domains of study.
8. With a view towards taking care of mental-emotional health, an interactive workshop on assertiveness was organised for the students, in collaboration with VESLARC, a sister-institute of VES. Several workshops on allied themes, such as time management, dealing with body-shaming, the role of a responsible student, handling failures and challenges, and mental preparation for examinations, were also conducted.
9. Since the wellbeing of the staff members of an educational institute goes a long way in helping students of the institute gain better learning, workshops were organized, in

collaboration with VESLARC, on themes such as handling relationships, “Value your values” and “Home-life – work-life balance for women”.

10. Under the ambit of SDG 4, a lecture was organized by VES College of Law for the students of the commerce field of the institute

Swami Vivekanand Vidyalaya (SVV), Kurla campus

Swami Vivekanand Vidyalaya (SVV), Kurla Campus focused on 2 key SDGs – good health and wellbeing (SDG 3), sustainable cities and communities (SDG 11), while also addressing some other important goals. The following table lists the various activities undertaken by the school.

Sr. No	Date	Topic	SDG Linkage	No. of people Reached
1	13-10-18	Disaster Management training for students	SDG 11 – Sustainable cities and communities	200
2	18-03-18	Eye-Check up camp	SDG 3 – Good health and wellbeing	200
3	01-02-19	Nutritional diet awareness and action	SDG 3 – Good health and wellbeing	250
4	04-03-19	National security day celebrations	SDG 16 - Peace, Justice, and Strong Institutions	210
5	12-12-18 and 13-12-18	Rubella vaccine camp	SDG 3 – Good health and wellbeing	1496
6	24-10-18	Stress management seminar	SDG 3 – Good health and wellbeing	250
7	11-08-18	Students' leadership training	SDG 4 – Quality Education	250
8	11-01-19 and 12-01-19	Swachh Bharat Abhiyan	SDG 11 – Sustainable cities and communities, SDG 13 – Climate Action	150
9	31-05-19	Tobacco-free camp	SDG 3 – Good health and wellbeing	100
10	05-07-18	Tree plantation celebration	SDG 13 – Climate Action	60
11	18-07-18	World population Day	SDG 11 – Sustainable cities and communities	250
12	21-06-18	Yoga day	SDG 3 – Good health and wellbeing	250
13	17-01-19	Fund collection through food-stalls	SDG 5 – Gender equality	60

The following is a brief description of the above:

1. **Disaster management training:** Students were empowered with basic training to deal with emergencies arising from natural or man-made disasters. The humanitarian aspect of such situations was emphasized. The organization of resources, and the recommended manner of taking up responsibilities, were taught.
2. **Vision check-up:** Eye specialists from a hospital examined around 200 students using state-of-the-art equipments. The check-up aimed at discovering any deficiency or vision-related challenges among the students, and providing tips on protecting their eyes.
3. **Nutritional diet awareness and action:** A healthy diet is a diet that helps to maintain or improve overall health. Nutritional research can be defined as the study of the interaction between diet and the human body at the individual. The school organised initiatives to create awareness about the need for nutrition, and implement action through meals, for the students.
4. **National Security Day celebrations:** The security of a nation plays a crucial role in the maintenance of peace. Accordingly, to sensitize students to this aspect of society, National Security Day or “Rashtriya Suraksha Diwas” was celebrated. Students were taught about the importance of security, and the role of each citizen in maintaining harmony in society.
5. **Rubella Vaccination camp:** Given the importance of childhood health, a vaccination camp was organized to prevent rubella. The camp was conducted across the months of December 2018 and January 2019, to cover students of various classes.
6. **Stress management session:** The increasing prevalence of stress perception gives rise to ill-health, low productivity and even depression, among students and grown-ups alike. To help our students tackle this issue and to raise awareness on healthy methods of dealing with challenging situations, an interactive workshop was organized on stress management, in collaboration with VESLARC. The objective was to guide students on short-term tips as well as long-term attitudes for wellness.
7. **Students’ Leadership training programme (SLP):** This programme is a community programme, designed to equip students with tangible skills to explore options beyond the classroom. SLP encourages higher grades, lifelong learning and personal development.
8. **Cleanliness Drive under Swachh Bharat Abhiyan :** On 2nd October, on the occasion of Gandhi Jayanti, a cleanliness drive was organized. Students were first taught about the necessity for the same, and then encouraged to engage in cleaning-up of the nearby Thakkar Bappa colony area.

9. **Raising awareness on health through “No Tobacco day”:** Tobacco is one of the leading causes of ailments and diseases, and is especially harmful for developing countries like India, impacting the social, economic and civic fabric of the country. Hence, on 31st May, World No Tobacco Day was marked by informing students about the consequences of usage of tobacco, encouraging awareness and spread of information on abstaining from usage of tobacco for 24 hours, and using the symbolism of fresh flowers in ash-trays.
10. **Afforestation drive:** Tree plantation drives are organized in the school periodically. The objective of the drive conducted in July 2018 was to spread awareness about the need for a greener planet, and to empower students to contribute to the same.
11. **World Population Day:** World Population day is observed on 11th of July and this day is marked every year in the school by raising awareness of global population issues. The event was established by the governing council of the United Nations. The students of the school are encouraged to participate in various activities such as poster-making, essay competitions, etc., to depict their understanding of the consequences of population and related resource allocation.
12. **International Yoga Day:** The celebrations of this day commenced with a demonstration of “Power Yoga”. Various asanas that are beneficial for students, were shown and taught. Asanas to improve concentration were shown. Students were reminded that these could be practiced at various times of the day, in keeping with their academic schedules, and that consistency is key to the gains of good health.
13. **Fund collection through Food Stalls:** An “Anand Mela” or “Joyful Fair” was organised to achieve two goals: encourage students to eat healthy, home-cooked food, and also render financial help to the economically underprivileged women. Various nutritious items of food such as “poha”, “idli”, “dosa”, etc., were cooked by the students and the teachers, and served at low costs, to students, during their recess hours. The activity was supervised by several teachers. The initiative helped the students collect funds which were then donated to EMS Office, Scout and Guide Centre, Chembur, as “Khari Kamai” ie: income earned with hard work and love



Vivekanand English High School (VEHS), Kurla campus

Students of Vivekanand English High School (VEHS) are consciously sensitized to a wide spectrum of sustainability-linked initiatives, ranging from those related to health, to gender sensitization, cleaner-planet projects and reduced inequalities in society. As these young students are the future citizens of the country and the world, it is important to inculcate a “learning by doing” approach in them, towards sustainability-driven practices. The following table lists the various activities in this regard:

Sr. No.	Date	Topic	SDG linkage	No. of people reached
1	03/10/2018	Swachch Bharat Abhiyaan	SDG – 3 Good Health and Well-Being SDG- 11 Sustainable Cities and Communities	Community
2	01/08/2018	Donation Drive- Building Homes and Sanitation Units	SDG – 1 No Poverty SDG- 6 Clean Water and Sanitation	Community
3	22/09/2018	Moral Education	SDG – 4 Quality Education	738
4	22/02/2019	Donation Drive- Hearing Aid	SDG – 10 Reduce Inequalities	800
5	16/03/2019	Donation Drive- Serving Meal	SDG – 2 Zero Hunger	2000
6	29/09/2018	Menstrual Hygiene	SDG – 12 Responsible Consumption and Production SDG- 17 Partnerships for the Goals	200
7	19/08/2018	Bottles For Change	SDG – 17 Partnerships for the Goals	738
8	07/07/2018	Body Imaging and Gender Sensitization	SDG – 5 Gender Equality	100
9	11/03/2019	Gender Sensitization	SDG – 5 Gender Equality	100

The following is a brief description of the activities:

Gandhi Jayanti- Swachch Bharat Abhiyaan:

The birth anniversary of Mahatma Gandhi was celebrated with a cleanliness campaign, focused on multiple locations near the school - Nehru Nagar S.T Bus Depot, Nehru Nagar Police Station. A rally to raise awareness was also organized at Kamgar Nagar and at the school. The objective was not just to clean the places but to spread knowledge about the importance of cleanliness and the responsibility that each individual has, towards the same.

Collection drive for Habitat for Humanity – “Rupee for change”:

Millions of families in India still don't have access to decent shelter and sanitation facilities. This means no place for children to study, an unsafe environment for women and poor facilities for basic hygiene. To overcome these problems, VEHS had tied up with Habitat for Humanity to provide monetary help, through the collection drive by students to build Homes and Sanitation Units for the underprivileged people. Rs. 1,34,230 was raised in this drive and donated.

Moral education workshops in collaboration with Sanskruti Vardhan Pratishthan:

Moral education aimed at inculcating human values, is a significant part of holistic education. Moreover, stories from the great epics of the country, such as the Ramayana and the Mahabharata, are very impactful in helping students imbibe these. Hence workshops are organised on a regular basis, in collaboration with Sanskruti Vardhan Pratishthan, in which students are told stories, encouraged to think and discuss the concepts, and gradually assimilate the same. Universal human values such as respect, compassion, generosity, etc., are highlighted.

“Joy of Humanity” - gifting hearing aids:

The birth anniversary of the founder of Vivekanand Education Society (VES), Shri Hashuji Advani, is celebrated as “Nishkam Seva Diwas”, or “Day of Selfless Service”. Accordingly, the students celebrated this day by practicing values such as generosity and acceptance, by donating two hearing aid kits to the students of Rochiram Thadani High School for Hearing Handicapped. The event also sensitized students towards the gift of life, and towards the differently-abled.

Celebrating humanity - providing meals with the help of 4 Non Government Organisations (NGOs):

“Let’s end hunger; let’s spread joy” – with this objective, students of VEHS worked in association with Roti Bank Mumbai to serve meals to the students of 4 different schools, run by the NGO’s in Mumbai. The school students contributed dry grains which were cooked and served to the underprivileged students. Our school students visited these places, along with the teachers, to serve meals for around 2000 children. This campaign of “Zero Hunger” helped our students value the food they eat.

Campaign for Menstrual hygiene:

Menstruation, which is a normal biological process for females, is often associated with negativity in several societies, sometimes requiring isolation as well as prohibitions from engaging in normal daily activities. In order to de-bunk certain myths and also create awareness about the importance of maintaining menstrual hygiene, a workshop was conducted by the company Proctor and Gamble Limited, under their “P&G- A Mother Daughter Session” project. Appropriate selection, use and disposal of sanitary materials, adequate cleanliness using soap, and having a suitable diet during menstruation were discussed with the girls and the mothers of the girl-students.

“Bottles for change” – campaign to re-use plastic:

“Used plastic is not a waste. It has value. It is recyclable”- Keeping this fact in mind, the school collaborated with well-known soft drinks manufacturer and bottler, Bisleri International, under their “Bisleri -Bottles for Change Campaign”. Students were asked to collect and bring plastic bottles from their home and community for recycling purpose. Students were also taught about the harmful effects of plastic, when not disposed properly.

Body imaging and gender sensitization:

Education or schooling is a process through which society creates the kind of individuals we wish to see in the world. Hence, it is imperative that school curriculum lays strong emphasis on inculcating values of equality, inclusivity and diversity, all of which are essential for building a healthy society. Schools need to address unequal gender roles at a critical stage. For this purpose, the school arranged for a short workshop on “Body Imaging and Gender Sensitization”, with the focus on girl-students. Girls were told about the various hormonal changes which they undergo during their puberty. The process of hormonal changes leading to behavioral changes was also explained in detail with examples.

Project Swamaan - Gender sensitization for healthy self-esteem:

In order to help girl students develop a healthy self-esteem, learn about assertive body language, and understand the significance of financial self-reliance, an interactive workshop was organized, in collaboration with VESLARC, a sister-institute. The session also helped break certain stereotypes related to gender-based roles in society.



Swami Vivekanand High School (SVHS), Sindhi Society campus

Sustainability-linked initiatives of Swami Vivekanand High School (SVHS) span the spectrum of goals linked to good health, gender sensitization, responsible consumption and production, and climate change. The following table lists the various activities undertaken, along with the linked SDGs and the number of students reached via the activities.

Sr.No	Date	Topic	SDG linkage	No. of people reached
1.	07/07/2018	Motivational talk	SDG 16 - Peace and justice strong institutions	240
2	04/08/2018	Awareness program	SDG 3 - Good health and well being	240
3	02/10/2018	“Donate a book” drive	SDG-12 - Responsible consumption and production	All students were allowed to take books.
4	08/10/2018	Environment protection and conservation	SDG 13 - climate action	30
5	23/08/2018	Self-worth, identity and goal setting for girls	SDG 5 - Gender equality	300

The following is a brief description of the above:

1. **Motivational workshop for self-awareness for better productivity and citizenship:** a workshop was organised by the Lakshya group, to share with the students various concepts such as time management, life skills and life-goals, patriotism, and dealing with stress perception. Inspired by the session, several students joined the group as volunteers.
2. **HIV/AIDS awareness program:** A health-awareness program was conducted by The Tata Power Group as part of their CSR initiatives. A Power Point presentation was made, and this was followed by a quiz, to dispel several myths about the condition. Students actively participated in the session.
3. **“Donate a Book” Drive:** Teachers and former students of the school donated several academic books and reference books for the students of the school. Students are encouraged to avail of these books for free but with a pledge that they will donate at least one book to the needy, once a year.

4. **“Donate a sapling” drive:** To encourage planet-friendly living, the students of class XI were asked to donate 5 saplings per class, to the school. Students and teachers both enthusiastically participated in this drive. The objective of this drive was to shine the spotlight on the cause of environmental protection and conservation.

5. **Project Swamaan for gender sensitization – “Self-worth, identity and goal setting for girls”:** - With the help of VESLARC, a sister-institute, an interactive workshop was organised under Project Swamaan, the pan-VES gender sensitization initiative, with the purpose of building self-esteem and a positive self-image among the girl-students. A former student of the school, who is now a travel blogger and photo-journalist, was invited to speak about her journey in terms of personal and professional growth. Aspects of identity, breaking stereotypes, dealing with peer pressure, and choosing to not conform to societal norms, were discussed.



Swami Vivekanand Primary School (SVPS), Sindhi Society Campus

Swami Vivekanand Primary School (SVPS) focuses primarily on SDG 3, or good health, in terms of its sustainability-linked actions. The following is a brief description of the rationale and the process adopted:

Encouraging good health through an emphasis on healthy eating habits:

Over the years, it has been observed that children are succumbing to the lure of junk foods and unhealthy eating habits at an increasingly younger age. The influence of advertisements shown on television, the prevalence of mobile phone applications for ordering cooked food, and the prevalence of ready-to-eat foods have all contributed to this phenomenon. At the same time, the rising trends of lifestyle ailments indicate the need to address this challenge at its roots. Hence the school adopted a multi-pronged approach for good health, in the following manner:

- Parental sensitization programmes were conducted, with guidance on healthy snacks to be given to their children in the tiffin boxes. Nutritious and home-cooked foods were strongly encouraged.
- Parents were cautioned about the above-mentioned trends and advised to avoid the same.
- Children were told about the do's and don'ts of healthy eating.
- A "healthy tiffin policy" was adopted by the school, to encourage each student to choose the right foods.
- "Learning by watching others" was a helpful process used, as children reluctant to eat home-cooked meals changed their ways after observing their classmates adopting healthy eating habits.

In this way, the school hopes to contribute to the physical and mental development of the students, by working towards this crucial aspect of good health, and thus paving the way for a healthier society.

Devkibai Bhojraj Chanrai Primary School (DBC), Collectors' Colony Campus

Devkibai Bhojraj Chanrai school has chosen to primarily focus on SDG 3 along with SDG 6 and SDG 17. The school emphasizes on good health as an essential aspect of sustainability in society.

The following table describes the various activities undertaken by the school, along with the SDG linkage and the number of people covered.

S. No.	Date	Topic	SDG linkage	No. of people reached
1	June 2016	Orientation Programme for parents	SDG – 17 Partnership for the goals	600
2	April 2019	Motivational talk for teachers and staff	SDG – 4 Quality Education	25
3	October 2018	Workshop on Swachha Bharat Abhiyan	SDG – 6 Clean Water and Sanitation	104
4	2019	Fund-collection with Alert India	SDG – 3 Good Health and Well being, SDG – 17 Partnership for the goals	800
5	Feb 2019	MMR Vaccination	SDG – 3 Good Health and Well being, SDG – 17 Partnership for the goals	800
6	Oct 2018	Vision Checkup Camp	SDG – 3 Good Health and Well being, SDG – 17 Partnership for the goals	410
7	Mar 2019	Audio Metric Checkup Camp	SDG – 3 Good Health and Well being, SDG – 17 Partnership for the goals	410
8	Sept 2018	Dental Checkup Camp by Lions Club	SDG – 3 Good Health and Well being, SDG – 17 Partnership for the goals	600

1. Orientation programme for parents:

In collaboration with VESLARC, a sister-institute of VES, an Orientation programme for the parents of the students of DBC School, was conducted on the topic "Importance of Quality and Quantity time in nurturing the child". The objective was to help the parents focus on the all-round and holistic development of the child, and to bring the parents, teachers and support staff of the school on the same page, as far as each student's growth is concerned.

2. Motivational Talk for teachers & Staff:

In collaboration with VESLARC, a motivational talk for teachers was arranged on "Creating a balance between work and personal life" for encouraging the teachers to maintain a

balanced working culture. This is essential to promote physical-mental-emotional health and wellness, so that teachers can then deliver high quality education to students.

3. Workshop on Swachh Bharat Abhiyan-

A workshop for encouraging the value of cleanliness was conducted. The students were taught about the benefits of maintaining hygiene and sanitation. They were then encouraged to clean the corridors and the classrooms with various cleaning equipment, for obtaining a hands-on experience of the ease of and necessity for cleanliness.

4. Collection of funds for the economically and physically underprivileged:

A campaign for fund-collection taking the help of students was organized by “Alert India”. Students were encouraged to collect funds for the economically underprivileged people suffering from leprosy.

5. MMR Vaccination camp and awareness camp:

An MMR (Measles, Mumps, and Rubella) Vaccination camp was organized for students of all the classes. A talk was delivered by Dr. Sheetal for the parents of the students, about the benefits of taking the MMR Vaccine.

6. Vision Checkup Camp:

Sight is one of the most precious of human faculties. Accordingly, a medical camp for the check-up of the vision of the students of all classes was organized, to identify, treat and correct any problems at an early stage. The importance of maintaining good health for the eyes was also emphasized.

7. Audio Metric Checkup Camp:

In order to identify and treat any possible hearing-based challenges of students, an Audio Metric camp was organized for students of all the classes.

8. Dental Checkup Camp:

Given the increasing use of junk foods and poor dental hygiene habits among urban Indian students, dental health often emerges as a vulnerable area that needs attention. Accordingly, a dental checkup camp was organized for students of all the classes by the Lion’s Club. Students and their parents were informed about required corrective action.



**Vivekanand Education Society's Leadership Academy and Research Centre
(VESLARC)**

VESALRC is a VES academy created to empower and train students, teachers, professors, support staff of schools and colleges, and parents of students to help build a society whose members are healthy, productive, emotionally strong, have high integrity, and a strong orientation towards excellence.

In the last year VESLARC reached out to over 8,500 students, teaching staff, support staff, grade IV staff and, parents of students.

The sustainability-linked activities of VESLARC are primarily in 4 key areas: SDG 3 – Good health, SDG 4 – Quality education, SDG 5 – Gender Equality and SDG 16 – Peace, justice and strong institutions. The following table carries details of the various verticals of VESLARC and the linked SDGs:

Primary Activities – linked to the SDGs of Quality Education, Good Health, and Peace and Justice

Sr. No.	Name of VESLARC Vertical	Objective	Target Audience	SDG linkage
1	Swayam – Life skills workshops	Empowerment, life skill training	Students	3, 4, 5, 16
2	Disha – parents sensitization programmes	Guidance, sensitization	Parents	3, 4, 5, 16
3	Counselling activities	Empowerment, guidance, healing	Students, parents, staff	3
4	Swamaan – Gender sensitization programme	Gender sensitization	Students, parents, staff	5
5	Jigyaasa – proactive, group counselling for students on pre-identified themes	Mental-emotional health awareness and nurturing	Students	3, 4
6	Antarmukhita – interactive workshop for teaching and	Mental-emotional	Staff	3, 16

	support staff, on wellness and holistic health	health awareness and nurturing		
--	--	--------------------------------	--	--

Additionally, students, staff, parents and the wider community of stakeholders, are engaged through various supportive activities that include weekly Vedanata and spirituality classes, a once-in-two-months e-zine based on holistic living, an annual publishing of Gyaan Vistaar (reference compendium of innovative teaching practices), a celebration of leadership traits and courage in students who have successfully faced challenges while excelling in academics (VES Shreshthta Awards), and several “special event” activities such as International Women’s Day, International Yoga day, birth anniversary celebrations of Shri Adi Shankaracharya-ji, and so on.

The following is a table that lists the various workshop-based activities of VESLARC, along with the people reached, and the SDG linkage.

S. No	Date	Name of Institute	Topics for Workshops	No. Of People	SDG
1	06/04/2018	SV Playgroup & Nursery	Disha - “Mindful Parenting”	400	16
2	10/04/2018	Swami Vivekanand Vidyalaya	Swayam - Good Habits for Students	87	4
3	11/04/2018	Swami Vivekanand Vidyalaya	Swayam - Good Habits for Students	100	4
4	18/04/2018	Swami Vivekanand Prathmik Shala	Joyful Professionalism for Teachers	14	4
5	19/04/2018	Swami Vivekanand Prathmik Shala	Antarmukhita - “Health and Immunity”	15	3
6	27/04/2018	Devkibai Bhojraj Chanrai School	Nurturing Young Minds – Necessary Traits for Teachers	16	3,4
7	10/05/2018	VES College Of Pharmacy	Antarmukhita - Know Your Reflection	20	3, 4
8	10/05/2018	VES College Of Pharmacy	PRME talk for teachers	20	16, 17
9	19/06/2018	VES Polytechnic	Swamaan - Gender Sensitization	100	5
10	21/06/2018	VES Institute of Management	International Yoga Day	100	3

11	21/06/2018	VES Polytechnic	International Yoga Day	100	3
12	23/06/2018	Tulsi Technical Institute	Swamaan - Assertiveness for Girls	50	5
13	30/06/2018	Vivekanand English High School	Disha – Talk for parents on Parent as Friend, Philosopher and Guide for the parents of 10 th Std Students	115	5,16
14	30/06/2018	Tulsi Technical Institute	Swamaan - Assertiveness for Girls	50	5
15	05/07/2018	VES Arts Science and Commerce	Jigyasa - Building Self Esteem	60	3, 4
16	07/07/2018	Vivekanand English High School	Swamaan - Self Worth, Body Image and Goal Setting for Girls	155	5
17	07/07/2018	Tulsi Technical Institute	Swamaan-Self Worth, Body Image and Goal Setting for Girls	60	5
18	09/07/2018	VES Polytechnic	Jigyasa - Handling Relationship	44	16
19	10/07/2018	Tulsi Technical Institute	Jigyasa - Handling Relationships	15	16
20	11/07/2018	VES Arts Science and Commerce	Building Self – Esteem	80	3, 4
21	14/07/2018	Devkibai Bhojraj Chanrai School	Swamaan - Need for Communication, Good touch & Bad Touch and Encouraging alertness in Child	350	5
22	14/07/2018	Swami Vivekanand Primary School	Yogasana and Joyful Professionalism	22	3
23	16/07/2018	VES Polytechnic	Handling Relationship	50	16
24	17/07/2018	VES Polytechnic	Handling Relationship	50	16
25	19/07/2018	VES Arts Science and Commerce	Role of Responsible Student	45	4
26	21/07/2018	Swami Vivekanand High School	Swamaan - Gender Identity & Need for self reliance for Girls	100	5
27	21/07/2018	Swami Vivekanand Vidyalaya	Swamaan - Gender Identity & Need for self reliance for Girls	300	5
28	21/07/2018	Devkibai Bhojraj Chanrai School	Swamaan - Parenting for small kids – Some tips and techniques	200	5,16
29	04/08/2018	VES Polytechnic	Swamaan - Assertiveness, Body Language and Identity for Girls	150	5
30	07/08/2018	VES Polytechnic	Handling Relationship	100	16
31	08/08/2018	Devkibai Bhojraj Chanrai School	Swamaan – Assertiveness & Body Language	120	5
32	08/08/2018	Swami	Swamaan – Gender Sensitization	380	5

		Vivekanand High School			
33	11/08/2018	VES Institute of Management	PRME and Sustainability talk	200	16, 17
34	14/08/2018	VES College Of Pharmacy	Time Management	65	4
35	18/08/2018	VES Polytechnic	Handling Relationship	103	16
36	23/08/2018	Swami Vivekanand Junior College	Swamaan - Self Worth, Body Image and Goal Setting for Girls	300	5
37	28/08/2018	VES Polytechnic	Stress Management	110	16
38	04/09/2018	VES College Of Pharmacy	Value your Values	11	16
39	05/09/2018	Vivekanand Education Society	Talk for students staying in the VES Hostels	100	16
40	07/09/2018	Swami Vivekanand Playgroup & Nursery	Talk for Grand Parents	200	16
41	10/09/2018	Swami Vivekanand Junior College	Swamaan - Self Worth, Body Image and Goal Setting for Girls	300	5
42	18/09/2018	VES College Of Architecture	Procrastination and Time Mgmt	36	4
43	25/09/2018	Tulsi Technical Institute	Procrastination and Time Mgmt	180	4
44	29/09/2018	VES College Of Architecture	Team Building	11	16
45	08/10/2018	VES Institute of Technology	Swamaan - Assertiveness and Body Language	50	5
46	10/10/2018	VES College Of Pharmacy	Swamaan - Self Worth, Body Image and Goal Setting	60	5
47	10/10/2018	VES College Of Pharmacy	Mental Health Awareness	25	3,5,16
48	12/10/2018	Vivekanand Education Society	VES Shreshthta Awards and Launch of Gyaan Vistaar	200	16, 17
49	03/11/2018	Devkibai Bhojraj Chanrai School	Swamaan - Peer Pressure based	40	5
50	03/11/2018	Swami Vivekanand Vidyalaya	Talk for 10 th Board Exam Preparation	60	4
51	20/11/2018	Tulsi Technical Institute	How to handle failure	300	3, 16
52	26/11/2018	Vivekanand	Talk for 10 th Board Exam	120	4

		English High School	Preparation		
53	27/11/2018	Swami Vivekanand High School	Talk for 10 th Board Exam Preparation	180	4
54	01/12/2018	VES Arts Science and Commerce	Stress Management	240	3
55	04/12/2018	VES College Of Architecture	Yogasana session	9	3
56	08/12/2018	Tulsi Technical Institute	Talk for 12 th Standard Exam Preparation	60	4
57	12/12/2018	VES Polytechnic	Motivational Talk	240	16
58	18/12/2018	Swami Vivekanand Vidyalaya	Motivational Talk	300	16
59	18/12/2018	Swami Vivekanand Vidyalaya	Value your Values	40	16
60	19/12/2018	Vedant Group	Geeta Jayanti	10	16
61	04/01/2019	Swami Vivekanand High School	Talk for 10 th Standard Board Exam Preparation	60	4
62	08/01/2019	VES College Of Architecture	Anger Management	37	3, 16
63	14/01/2019	VES Polytechnic	Importance of Counselling	60	3
64	21/01/2019	Tulsi Technical Institute	Joyful Learning for 12 th Standard students	75	4
65	21/01/2019	Tulsi Technical Institute	Joyful Learning for 12 th Standard students	57	4
66	22/01/2019	VES Polytechnic	Importance of Counselling	60	3
67	31/01/2019	VES Polytechnic	Importance of Counselling	60	3
68	05/02/2019	VES College Of Architecture	Health and Immunity	37	3
69	05/02/2019	Devkibai Bhojraj Chanrai School	Swamaan – Identity and Gender Sensitization for 7 th Std Girls	42	5
70	08/02/2019	VES Polytechnic	Importance of Counselling	40	3
71	13/02/2019	SIES Arts Science and Commerce	Joyful Professionalism	27	16
72	15/02/2019	VES Institute of Technology	Importance of Counselling	21	3
73	20/02/2019	Tulsi Technical Institute	Value your Values	17	16
74	01/03/2019	VES Institute of Management	PRME talk	17	16, 17

75	05/03/2019	VES College Of Architecture	Ethics and Values	30	16
76	08/03/2019	VES College Of Architecture	International Women's Day	40	5
77	11/03/2019	Vivekanand English High School	Swamaan - Identity and Gender Sensitization	83	5
78	12/03/2019	VES Polytechnic	Life and Leadership-Iron versus Magnet – workshop for Boys	300	3,16
79	12/03/2019	VES Polytechnic	Life and Leadership-Iron versus Magnet – workshop for Girls	30	3,16
80	16/03/2019	Devkibai Bhojraj Chanrai School	Balancing Home and Office for Teachers	20	3,16
81	18/03/2019	Tulsi Technical Institute	Jigyasa on Role of a Responsible Students	300	16
82	19/03/2019	VES College Of Pharmacy	Importance of Counselling	90	3
83	30/03/2019	VES College Of Architecture	PRME talk on Sustainability	31	16, 17



sarve bhavantu sukhinah
sarve śantu nirāmayāḥ
sarve bhadraṇi paśyantū
mā kaścidduḥkhabhāgbhavet

सर्वे भवन्तु सुखिनः
सर्वे शन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु
मा कश्चिद्दुःखभाग्भवेत् ॥

Happiness be unto all.
Perfect health be unto all.
May all see what is good.
May all be free from suffering

sarve: all, entire, every
bhavantu: may there be
sukha: ease, comfort, happiness
śanta: peace, serenity
nir: without
āmayāḥ: disease, sickness
bhadra: good, gracious, friendly
paśyantū: may all see
mā: not
ka: who
cit: thought, intellect
duḥkha: pain, sorrow, difficulty
bhāgbhavet: let one be a partaker or beneficiary of

The above prayer, attributed to the Vedas (some of the world's oldest repositories of spiritual wisdom), perfectly capture the ethos with which each sentient creature of this planet must live – in peace and harmony with all those around, wishing and working for the collective wellbeing of all creatures. For this, every human being who is privileged to live and work for more than mere survival, must consciously and diligently exert himself or herself to ensure that the coming generations of humans may flourish in societies that are healthy. Vivekanand Education Society (VES) looks forward to continuing with our commitment along this journey of holistic growth.